



AUSTRALASIAN INSTITUTE OF
AYURVEDIC STUDIES

Learn with Intention. Serve with Dedication.

- RTO:31464 -



OCT 2026
HLT62615 Intake

SPECIAL ENTRY
**Advanced
Diploma
Ayurveda
Practitioner
Training**

for Graduates
of Ayurveda
HLT52615



NATIONALLY
RECOGNISED
TRAINING



Australian
Qualifications
Framework





Course Overview

Advanced Diploma Ayurveda HLT62615 is the highest level, Government Recognised Qualification in Ayurveda available in Australia. This qualification covers the skills needed to work as an Ayurvedic Practitioner offering advanced, Practitioner level remedial treatments including Ayurvedic Herbal Medicine, Ayurvedic Body Therapies, Ayurvedic Nutritional Medicine, and advanced therapeutic treatments. The qualification also provides an advanced understanding of Ayurvedic Pathology and diagnosis, incorporating Ayurvedic Iridology, Advanced Pulse Diagnosis, and Tongue Diagnosis. Graduates of this qualification will have a greater ability to determine and manage deeper levels, disease states, and health issues.

This design and content program is a response to the demand for and expectations of higher trained Ayurveda Practitioners in the community.

Enrolments close

Mon, 31st August 2026

Classes Commence

Tues, 6th October 2026

*“Dear Dr. Ajit, it was a great
pleasure to meet you
during my recent visit to
Brisbane. It was nice to see that
your Academy is producing good
Ayurvedic Practitioners.”*

– Dr. A.M. Gondane
Indian High Commissioner

Graduate Profile

Graduates of this qualification will be able to:

- Ayurvedic Practitioners with this qualification will be able to diagnose using 8-fold and 10-fold examination skills for complex diseases in all 14 channels.
- Become proficient at Ayurvedic Iridology and pulse examination at origin and channel-level.
- Be able to structure in-depth health plans by implementing all Ayurvedic principles such as Ayurvedic nutrition, Ayurvedic lifestyle, using advanced Ayurvedic formulations such as Asav, Arishta, Ghritam, complex herbal preparations and advanced Ayurvedic remedial therapies such as Khizi Bolus, Nasyam, Netra Basti, Janu Basti and Udwarthanam to name a few.
- Provide leadership to clients and staff through clinical practice and demonstrating Ayurvedic principles in professional practice.



“Dr. Ajit, Firstly, I just wanted to thank you for having me as a student of A.I.A.S. I am very grateful for your incredible guidance and the passing on of your knowledge and wisdom. It was an incredible 3 years. You and the wonderful team at A.I.A.S were inspirational”

– **Sunday** - AIAS Advanced Diploma Ayurveda, Graduate

I would like to tell you that I started to look at the demo of Vaidya (the Ayurvedic Clinical Diagnostic Software tool developed by Dr Ajit B.A.M.S) This program is of such detail, just amazing. I don't know how one person can do all this profound work. We can only learn from you. I feel so grateful to have met you. Thanks for sharing your knowledge with all of us.

– **Dr. Harsha Gramminger M.D**

Eligibility, Enrolment Dates & Costs

DURATION

18 months (Blended delivery)

NB: International student visas not available for this delivery option

ENTRY CRITERIA

Applicants must hold Diploma Ayurveda HLT52615.

please contact the A.I.A.S Course Co-Ordinator

ENROLMENTS CLOSE

31st Aug 2026

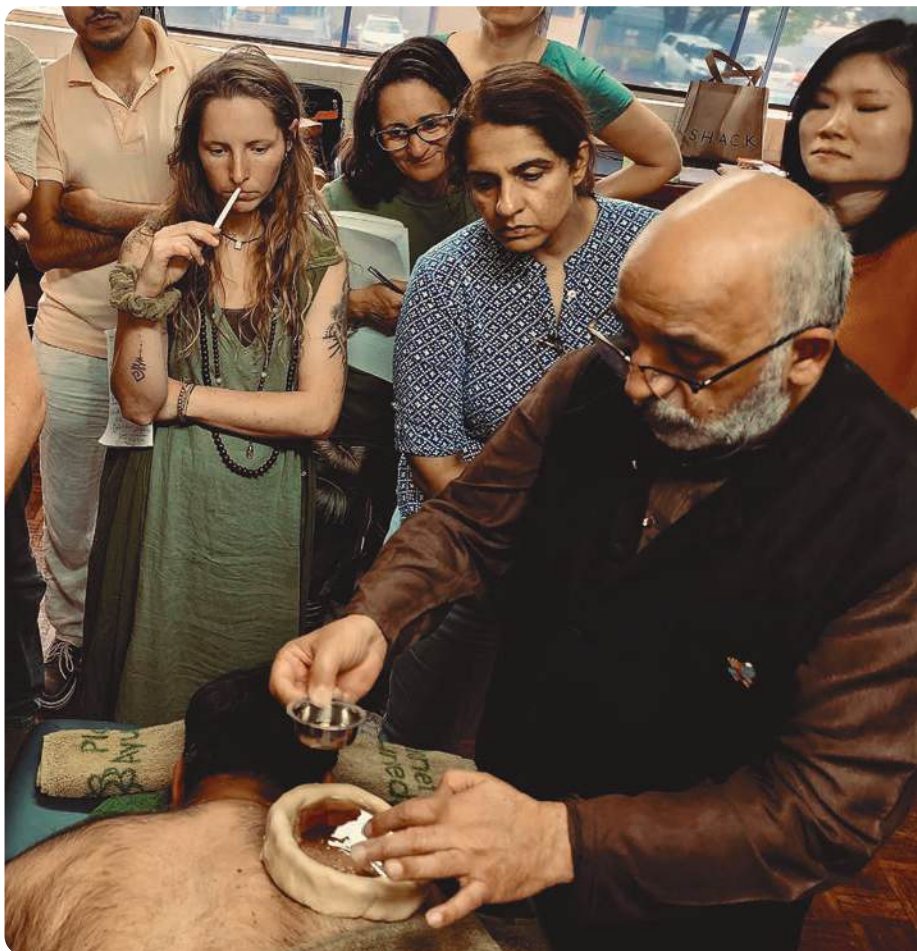
1ST INSTALLMENT TO PAY

1st Sept 2026

CLASSES COMMENCE

Tues, 6th Oct 2026

Dr. Ajit providing valuable in-person practical training in Ayurvedic therapeutic treatments



“Dear Dr Ajit, on behalf of the Conference Advisory/Organising Committee, it is our honour and privilege to confirm you as a Scientific Reviewer and Editorial Team member of the International Conference on Ayurveda, Traditional Medicine and Medicinal Plants as well as the GARI International Journal of Multidisciplinary Research. With your vast and in-depth knowledge in the area, you would be expected to serve the conference paper review team. Your expertise and knowledge in the area would add great value to the [Scientific review and Editorial Team]...”

– Sampath Abeywickrama

Director,
Global Academic Research Institute Chair,
Conference Organising Committee

Course Delivery

Multi-Modal, Flexible Delivery – (18 months, excludes holidays and term breaks). The AIAS initiated the multi-modal delivery (a 'flexible' and blended method of providing Ayurvedic education) of authentic Ayurveda in Australia.

Consequently, the AIAS has been the leader in this area of Ayurvedic learning in Australia. Multi-Modal Delivery is a blended interactive delivery model that is sensitive to the needs of modern students. The Course has been developed over decades to meet the needs of diverse students, learning from across Australia.

Ayurveda is a unique area of study and requires an experienced teacher who must be active in clinical practice, with a well designed and thorough program of learning. Dr. Ajit B.A.M.S takes this matter very seriously and has been involved in leading the standards in Ayurvedic Education locally and internationally, most recently being selected as the Australasian representative at the 2018 WHO working group meeting, benchmarking standards in Ayurvedic Practice and Education in Jaipur (India). The Institute recognises that many people struggle to balance their academic, personal, and professional lives and so delivers its academic program

in the following format, over 18 months, for graduates of Ayurveda HLT52615 (otherwise, normally, the full HLT62615 which includes a minimum of 400 hours supervised clinical assessment, is delivered over three years - for those who have not completed Diploma Ayurveda HLT52615).





**World Health
Organization**

20, AVENUE APPIA – CH-1211 GENEVA 27 – SWITZERLAND – TEL CENTRAL +41 22 791 2111 – FAX CENTRAL +41 22 791 3111 – WWW.WHO.INT

Tel. direct: +41 22 791 3698
Fax direct: +41 22 791 4153
E-mail: MeetingTRM@who.int

Dr. S. Ajit
CEO,
Planet Ayurveda Wellness Center,
Auckland
New Zealand

In reply please refer to:

Your reference:

Date: 2nd October 2018

Dear Dr. S. Ajit,

**WHO WGM for developing the WHO documents, Benchmark for Practice in Ayurveda,
Benchmark for Practice in Unani, and Benchmark for Practice in Panchakarma: Jaipur, India,
17-19 September 2018.**

I would like to thank you very much for attending the above-mentioned World Health Organisation (WHO) working group meeting. I also wish to express my sincere appreciation for your valuable contribution in the development of the first drafts of the documents.

Your presence, suggestions, and observations during this WHO meeting has been of great merit and importance to us. I therefore would like to express my heartfelt gratitude for this invaluable contribution of yours in the successful conduct of this meeting.

I look forward to continued collaboration in our current and future work in the field of traditional medicine.

Yours sincerely,

Dr Zhang Qi
Coordinator
Traditional, Complementary, and Integrative Medicine
Service Delivery and Safety

1ST YEAR (FIRST 12 MONTHS OF STUDY)

- Weekly 'live' webinar with Professor, Vaidya Ajit, B.A.M.S
- 3 x 2-day weekend Ayurveda Intensives at our Brisbane Campus (Saturday & Sunday)
- 1 x 7-day Practicum training at the AIAS Brisbane Campus
- Weekly online study

2ND YEAR

- Weekly 'live' webinars with your teacher, Dr. Ajit
- 2 x 2-day weekend Ayurveda Intensives at our Brisbane Campus (Friday, Saturday & Sunday)
- 1 x 7-day Practicum training at the AIAS Brisbane Campus
- Weekly online study



“Dear Dr. Ajit, the knowledge that you share with passionate intent impacts the lives of each student. We will carry it forward in life and in practice as we continue to grow in health and happiness. Three years ago, we couldn’t imagine being where we are now, but thanks to all the guidance we are here.”

– ALAS 2017 Graduates

Why choose the Australasian Institute of Ayurvedic Studies?

A.I.A.S is a Registered Training Organisation (R.T.O #31464), providing Government recognised qualifications in Ayurveda. You will study a program designed, guided and assessed by an accredited Ayurvedic Physician, Professor, Vaidya Ajit (B.A.M.S, P.C.A.S) senior Ayurvedic Clinical Practitioner in Australasia, who has worked for the Government of India for 20 years and practiced Ayurveda for 45 years. You will study authentic Ayurveda as a holistic science with the necessary theoretical and practical skills.

You will learn how to apply the principles to your own life with the opportunity to improve and transform your own personal life and then be able to share the practice with your clients. You will receive mentorship from Professor, Vaidya Ajit (B.A.M.S, P.C.A.S) who has been a powerful force in guiding the development of Ayurveda in Australasia, and who knows clearly what must be taught to a new generation of Ayurvedic Practitioners, outside of India. You can study with us from anywhere in Australia! The multi-modal, flexible course delivery allows people to study with Professor, Vaidya Ajit (B.A.M.S, P.C.A.S) and qualify in Ayurveda, from across the country.

The course offers maximum hours in both theory and practical subjects and both online and face-to-face training. The AIAS faculty works diligently to spread Ayurveda and was a collaborator with the 8th World Ayurveda Congress, December 2018 in Ahmedabad, India.

“Hello, Dr. Ajit. I understand that you are the teacher and that we pay for the service of your knowledge, but I just wanted to thank you for your effort. I found the psychology webinar very beneficial. I appreciate the simplicity you used to allow us, students, to understand why and how this works. I learn by understanding WHY.

I want to thank you for making this course so clear for me personally and I really appreciate the effort on your behalf to share your knowledge with us.”

– Joe - AIAS Ayurveda Graduate

Senior Lecturer, Professor, Vaidya S. Ajit (B.A.M.S, P.C.A.S)

Vaidya Ajit is an 'Ayurvedacharya', a graduate of the Government Ayurvedic Medical College, University of Patiala, in North India. In India, Vaidya Ajit worked in general practice and as a 'Panchakarma' Specialist, was a lecturer at several Ayurveda Colleges, and was also a permanent employee of the Government of India as an Ayurvedic Medical Officer, spanning 20 years, and is continuing to serve the community after 47 years with experience in clinical practice and with teaching Ayurveda. Vaidya Ajit is the senior and most experienced Ayurvedic Clinician in Australasia and a leader in the field of Ayurveda outside of India, where he has campaigned tirelessly to create high standards in the teaching and learning of Ayurveda.

Vaidya Ajit is currently CEO of the International Council of Ayurvedic Medicine Inc., an organization established to standardize and streamline the educational, teaching, and regulatory standards for Ayurvedic practice in the world outside of India. Vaidya Ajit was also the founding Patron of the Australasian Ayurvedic Practitioners Association (A.A.P.A) and past and founding president of Australasian Ayurvedic Practitioners Association (New Zealand), both professional bodies for Ayurvedic Practitioners.

He has been instrumental in raising the profile of Ayurveda in Australasia, not only through his teaching and practice but through his numerous speaking engagements, media work, and meetings with Government officials. His efforts have been recognised with a number of awards, including a Lifetime Achievement Award from New Zealand Charter of Health Practitioners.

Vaidya Ajit's background and experience in both India and in Australia are unparalleled. He remains uniquely positioned to provide students in Australia with both authentic training and training suited to the needs of westerners.



ANCIENT SECRETS

Discover the power of Ayurvedic
daily and seasonal routines



An authentic, natural way to guide
your body every day

Dr. S. Ajit (B.A.M.S.P.C.A.S.)

Financial Considerations

There is no VET Student Loan available for Ayurveda Courses In Australia (VET Student Loans is an Australian Government loan scheme to assist eligible students studying diploma level and above qualifications to pay their tuition fees).

Consequently, the Ayurveda courses are self-funded in Australia. Students need to consider their ability to meet the costs of the course. As a compassionate policy in alignment with the ethos of the organisation, **the AIAS makes instalment plans available so that the cost of the course can be spread out over the duration of studies**, which helps to lessen the burden of a lump-sum payment.

The AIAS is confident in the value provided in its course offerings. No student at A.I.A.S has ever questioned the value provided in our courses and are often totally amazed at the content.



Ayurveda is on the Rise

Reports from India are indicating that the 'Ayurveda economy' has experienced up to 90 percent growth after the COVID-19 pandemic; admissions in BAMS Ayurveda courses in India have risen by 30% in some states; an International multi-level-marketing company has entered the Ayurvedic products market here in Australia, where there has been a massive surge of interest in Ayurveda.

The Advanced Diploma in Ayurveda is the next step in the study of Ayurveda and provides quality in-depth, recognised training to prepare practitioners here in Australia to be in a position to meet the future demands and expectations of the public in this arena.

“I am filled with a sense of purpose and realisation that this is my calling for the rest of my life. I feel very fortunate that I have found my path and that within Ayurveda I have a holistic way of living that encompasses all aspects of my life – family, occupation, spirituality, health, relationships, ongoing learning... The enormity of what Dr Ajit has put in place for sincere students of Ayurveda has dawned on me more fully... He has very intelligently designed a course that has layer by layer built up our knowledge through his lectures, his module notes and the assignments, both written and practical. He has enkindled my ‘Agni’ for learning through his questions.

– Gita

Course Delivery Elements

Webinars: Through the Internet, online webinars create a 'virtual classroom' on your computer. Even though you are in the comfort of your own home, you can enjoy the benefits of interaction with your teacher and fellow students. You can see your lecturer, Professor, Vaidya Ajit (B.A.M.S, P.C.A.S), and listen to him demonstrate and lecture while you highlight your course module notes and participate in class discussions, just as you would in any classroom setting. This online delivery of theory lectures has greatly helped interstate students and full-time workers access traditional Ayurvedic study in a modern setting.

Weekend Seminars (Intensives) and Practicums: Your teacher, Professor, Vaidya Ajit (B.A.M.S, P.C.A.S) is a senior Ayurvedic Clinician and the most experienced Ayurvedic lecturer in Australia. Dr. Ajit will personally lead along with his team of tutors several weekend Intensives and be involved in practical training workshops at our Brisbane Campus, (121 Mains Rd, Sunnybank, Brisbane) to deliver and assess the practical skills requirements of the qualification. These weekends are a vital component of the course, where you will learn to apply the knowledge delivered through your webinars. Because of the way the program builds on the knowledge taught over these weekends, you must attend each of these workshops. Missing one of these three-day weekends will mean you will not be able to complete the qualification in your current enrolment. In such cases, you would need to withdraw from your course of study and seek re-enrollment in a future program. For this reason, the Institute recommends students plan carefully before committing to study to ensure they can complete their qualifications in the required time frame.



Service, in short, is not what you do, but who you are. Its a way of living that you need to bring to everything you do if you're to bring it to your customer's interactions.

- Betsy Sanders



Why complete the Advanced Diploma Ayurveda HLT62615?

By now, many of those who have completed the AIAS Diploma Ayurveda HLT52615 will already have recognised Dr. Ajit's unwavering and exacting standard of Ayurvedic principles, treatment protocols, and client care, as well as his dedication to the authentic and holistic perspective of Ayurvedic healthcare.

Many Diploma level students have expressed a desire to learn more and to learn deeper, with regards to Ayurvedic herbs and traditional medicine formulas, more advanced pulse diagnosis and other methods of clinical assessment, advanced Ayurvedic treatments, and Ayurvedic pathology. These areas are the focus of the Advanced Diploma training. Additionally, there is a great emphasis on more particular and much more detailed case studies.

For those considering their future career in Ayurveda, as public awareness and expectations grow in Australia and other parts of the world there will be increased demand for more highly qualified Ayurvedic Practitioners. Advanced Diploma Ayurveda HLT62615 again, is the highest qualification available in Australia in Ayurveda.

Last, but by no means least, Ayurveda is a continuous study - lifelong learning, wonder, and committed students of Ayurveda are always looking to learn more.

In this training program, you will go much deeper into Ayurvedic study, through:

- Detailed study of Ayurvedic Materia Medica - herbs and traditional herbal preparations of Ayurveda such as Asava and Arishta and an understanding of how and when to select such preparations in various pathologies.
- The Guggul preparations and why they are so important in the management of deeper pathologies
- The Medicated Ghritams and when one should use them in clinical situations.
- All major therapeutic formulations and the guidelines on how to select them.
- Each formulation will be discussed based on its ingredients so that the practitioner can understand how the particular preparation will work for various imbalances.
- Traditional formulations such as Batis and why they are so important

Moving into the study of Ayurvedic Pathology you will, by way of exploring the ayurvedic understanding, perspective, and management of disease states for the various channels (Srota systems), including differential diagnosis of disease states, and:

- Understanding and structuring treatment plans for those diseases,
- Taking up the next level of Nadi Pariksha (ayurvedic pulse diagnosis) including determination of the 'organ pulses.
- Learning the amazing assessment tool of Ayurvedic Iris Diagnosis.
- Understanding why ayurvedic Iridology is such an important and underutilized diagnostic tool
- Assessing the manifestation of problems in various channels and understanding the imbalances of 6 chakras through Ayurvedic Iridology.
- Understanding of the particular Dhatu level that imbalances are manifesting in an individual.
- Being taken through the next level of Ayurvedic case studies and presentations to further support and advance the elementary work undertaken in Diploma level case studies
- Training in more advanced therapeutic procedures including the 'Navara Kizzi Herbal Massage procedure' (for degenerative joint disorders and muscle wasting, autoimmune joint inflammation, paralysis, and immune disorders); the 'Udwarthanam' method with Herbal Steam Chamber for assisting metabolic disorders, weight problems, and lymphatic congestion); the 'Therapeutic Nasya package' (nasal insufflation via herbal Tailam); more musculoskeletal 'Basti Treatments' and incorporating the 'Nadi Swedana' apparatus (for disc bulges, frozen shoulder, arthritic knees, spondylosis, and sports injuries); the 'Kizzali Herbal Bolus' procedure; 'Karna Purna' and the advanced level 'Shirodhara Treatment' plans
- More Marma Point Massage, more Ayurvedic Cooking, more Ayurvedic Psychology, and Ayurvedic Counselling, Practical learning of how Ayurvedic emotional healing programs can be structured for clients.
- There will be a practical case discussion in class and more Ayurvedic Tongue Diagnosis, and more Ayurvedic Nutrition (including designing the 21 x day meal plans).



Course Detail - Breakdown By Unit

In Australian V.E.T Qualifications, a qualification is comprised of 'Units of Competency' from the 'National Health Training Package'.

There are 2 areas of Competency:

1. Specialisation Units of Competency (specific to traditional Ayurveda)

2. Common Unit Competencies (competencies outside of traditional Ayurveda, designed to provide professional knowledge and skills related to assessing the body from a western point of view, running your own business and compliance with various regulations).

Advanced Diploma of Ayurveda HLT62615 qualification consists of 25 'Units of Competency' from the Health Training Package. (Note that many of these units of competency will have been delivered in the HLT52615 Diploma Ayurveda).

While the 'common unit competencies might not sound so appealing to those interested in studying principally, Ayurveda, they are nonetheless mandatory requirements for this Government recognised Ayurveda qualification and provide you the additional confidence required for setting up and developing your own business and serving others.



GREAT NEWS!

Great News for graduates of HLT52615 Diploma Ayurveda is that they will receive a 'transfer of credit' for the following specialisation and common unit competencies achieved in HLT52615 Diploma Ayurveda:

Specialisation Units of Competency:

HLTAYV001 -	Develop Ayurvedic practice
HLTAYV002 -	Make Ayurvedic lifestyle assessments
HLTAYV003 -	Provide Ayurvedic bodywork therapies
HLTAYV004 -	Provide Ayurvedic lifestyle advice
HLTAYV005 -	Provide advice on Ayurvedic nutrition

Common Unit Competencies:

BSBSMB403 -	Market the small business
BSBSMB404 -	Undertake small business planning
BSBSMB405 -	Monitor and manage small business operations
BSBSMB406 -	Manage small business finances
CHCCOM006 -	Establish and manage client relationships
CHCDIV001 -	Work with diverse people
CHCLEG003 -	Manage legal and ethical compliance
CHCPRP003 -	Reflect on and improve own professional practice
HLTAID011 -	Provide first aid
HLTINF004 -	Manage the control of infection
HLTWHS004 -	Manage work health and safety

Remaining Specialisation Units of Competency to complete for HLT62615:

HLTAYV006 -	Take cases within an Ayurvedic framework
HLTAYV007 -	Diagnose conditions within an Ayurvedic framework
HLTAYV008 -	Provide Ayurvedic remedial therapies
HLTAYV009 -	Provide therapeutic Ayurvedic nutritional advice
HLTAYV010 -	Select and advise on Ayurvedic medicines - Dravyaguna
HLTAYV011 -	Prepare and dispense Ayurvedic medicines - Dravyaguna
HLTAYV012 -	Monitor and evaluate Ayurvedic treatments

Details of Specialisation Units of Competency

HLTAYV006 - Take cases within an Ayurvedic framework

This unit delivers the skills and knowledge required to make a detailed investigation of a client's symptoms that informs the client's diagnosis within an Ayurvedic framework. This includes -

Protocols for performing Ayurvedic health assessments, including:

- Three-fold examination techniques, Eight-fold examination techniques, Ten-fold examination techniques, and their importance.
- The Importance of pulse diagnosis in clinical practice, including, Locate and identifying the seven levels of the pulse; Identifying Prakriti and Vikriti through pulse examination; Recognise the various channels and related organs through Pulse; Locate and identifying mental Prakriti and present state of mind of the client
- The Importance of Ayurvedic Iridology in clinical practice, including - Identification of Vata, Pitta, and Kapha scar tissue; Recognise imbalances in various channels and related organs through iris diagnosis
- The Importance of Ayurvedic tongue diagnosis in clinical practice, including identifying the location of each channel and organ on the tongue; Recognise imbalances in various channels and related organs through tongue diagnosis.



HLTAYV007 - Diagnose conditions within an Ayurvedic framework

This unit delivers the skills and knowledge required to make a client diagnosis and structure a treatment plan according to Ayurvedic principles, through an additional 200 hours of supervised Ayurvedic face-to-face training and assessment. This includes knowledge of -

- The Ayurvedic disease process: Sanchaya (accumulation), Prakopa (aggravation), Prasara (overflow), Sthana Samshraya (localisation), Vyakti (re-location), Bheda (differential diagnosis) - with special reference to understanding determining and managing the various stages.
- Nidana (Etiology), Rupa (symptoms), Samprapti (pathogenesis), and therapeutic guidelines (Upashya) of diseases state in all channels including:
 - Pranavaha - including respiratory but not limited to asthma, cough, hay fever and sinusitis
 - Annavaha - including digestive but not limited to anorexia, hyperacidity, indigestion, dyspepsia and vomiting
 - Ambuvaha - including fluids but not limited to thirst, oedema, and ascites
 - Rasavaha - including lymphatic but not limited to fever, fatigue, chronic fatigue syndrome
 - Raktavaha - including circulatory but not limited to hypertension, gout, anemia, and piles
 - Mamsavaha - including muscular but not limited to myomas, muscle atrophy, emaciation
 - Medovaha - including adipose but not limited to obesity and lipomas
 - Asthivaha - including skeletal but not limited to scoliosis, rheumatoid arthritis, osteoarthritis, and cervical spondylitis
 - Majjavaha - including nervous but not limited to attention deficit disorder (ADD)/ attention deficit hyperactivity disorder (ADHD), stress, anxiety, and depression
 - Sukravaha & Arthavavaha & Stanyavaha - reproductive, including but not limited to impotency, menstruation, premenstrual syndrome (PMS), leucorrhoea, lactation but not limited to mastitis, excessive and insufficient lactation
 - Mutravaha - including urinary but not limited to polyuria, diabetes, and dysuria
 - Purushivaha - including excretory/stool but not limited to constipation irritable bowel, dysentery and diarrhea
 - Swedovaha - including integumentary but not limited to psoriasis, eczema, and acne
 - Manovaha - including mental but not limited to poor concentration, negative thinking, and memory loss

HLTAYV008 - Provide Ayurvedic remedial therapies

This unit delivers the extensive skills and knowledge required to provide - and personally experience - therapeutic Ayurvedic remedial therapies, such as Ayurvedic specialised massage and herbalised steam therapy, 'Kizzi Bolus' (therapeutic herbal bolus treatments), 'Udwarthanam treatment', 'Nasyam', 'Netra Basti', and 'Karna Purna'. This includes:

- Benefits of treatment
- contra-indications to treatment
- preparation of the herbal Bolus
- structuring a treatment protocol according to constitution and imbalances
- pathological indicators of successful treatment
- Possible reactions to treatment.

HLTAYV009 - Provide therapeutic Ayurvedic nutritional advice

This unit delivers the skills and knowledge required to determine a nutritional treatment strategy based on the principles of Ayurvedic nutrition and diet. This includes an understanding of:

- Principles of Ahara, Vihara, and Aushadhi
- Variations necessary with the changing seasons;
- Agnis and their functions
- Types and features of culinary herbs and spices in Ayurveda
- Ayurvedic cooking and food preparation techniques for major food classifications
- Create meal plans for various ailments
- Understand sansaya karma diets, and learn how to prepare them

HLTAYV010 - Select and advise on Ayurvedic medicines - Dravyaguna

This unit delivers the skills and knowledge required to determine an ayurvedic medicine treatment strategy based on an existing diagnosis. This includes:

- Over 120 herbs used in Ayurveda, their contraindications, identification and distinguishing features, interrelationships, and incompatibilities
- Principles of formulation (including dosage and duration of treatment) for:
 - ~ Avaleha - a minimum of 5
 - ~ Ghritam - a minimum of 5
 - ~ Kashayam - a minimum of 5
 - ~ Churna - a minimum of 10
 - ~ Guggulu - a minimum of 7
 - ~ Vati - a minimum of 5
 - ~ Asava and arishta - a minimum of 10
 - ~ Bhasmas - a minimum of 5.

HLTAYV011 - Prepare and dispense Ayurvedic medicines - Dravyaguna

This unit delivers the skills and knowledge required to prepare ayurvedic medicines and dispense those medicines according to a pre-prepared order. This includes:

- sources of Ayurvedic medicines and their raw, semi-processed, processed, and manufactured ingredients and methods to determine quality
- types of Ayurvedic medicines, what they are, and how they are prepared
- techniques to prepare medicines from source materials as per Ayurvedic guidelines, including the practical manufacture of 'Churna', x 'Bati' and Avaleha'
- equipment and instrumentation components, purpose and operation
- recording requirements and procedures environmental conditions required to maintain the integrity of medicines before, during and after preparation.

HLTAYV012 - Monitor and evaluate Ayurvedic treatments

This unit delivers the skills and knowledge required to monitor and evaluate ayurvedic treatments, both from an individual client and a whole practice perspective. This includes:

- types of criteria by which Ayurvedic treatments are evaluated, including regular client follow-ups and feedback.
- typical complications associated with different treatments and therapies and how to respond in an ongoing treatment plan sources of research and evidence that support Ayurvedic practice principles underpinning continuation or variation of treatment and the Ayurvedic rationale that underpins these.



“I am so thankful for Dr. Ajit’s meticulous training in our bodywork therapies. Just recently, I recieved a Kati Basti (treatment) from another Ayurvedic ‘Doctor’ who trained in India. I expected the treatment would be authentic, sadly I feel that I wasted my money. The technique was so poor, the oil was lukewarm if that, there was no consistency in pressure and the massage was uncomfortable and haphazard. I have to say there was no therapeutic value at all. This experience strengthened my confidence that what ALAS is teaching is ensuring that authentic, powerful Ayurvedic treatments are not being lost. It is encouraging to know that in Australia we have access to a master’s Teacher. Thank you, Dr. Ajit for the time and patience you dedicate to all of us during our training. I feel very encouraged that the high standard of professional training at ALAS means that we as graduates are offering authentic Ayurvedic treatments and ensuring that the profound therapeutic value of these treatments ins not being lost.”

– ***Malia*** - ALAS Advanced Diploma Ayurveda Graduate, Physiotherapist

Getting Ready for Your Ayurvedic Practice

Common Unit Competencies

These 'Common Units' are an essential component of the Nationally Endorsed Training Package in Ayurveda, for Australia. They will ensure that you obtain the additional skills outside of traditional Ayurvedic learning, to ensure your clinical and practice success. They may not be the primary reason that students come to Ayurveda to study, but they are there to enhance your professional career in Ayurveda.

In the full, 3 x year Advanced Diploma HLT62615, there are 13 Common Unit Competencies. As a graduate of the Diploma HLT52615 qualification, you will be receiving Transfer of Credits for all but 2 x Common Units of the Advanced Diploma, when you forward your verified Diploma Ayurveda HLT52615 parchment, on enrolment. Following are the (only) 2 x additional, Common Unit competencies that you will require, in order to qualify (in addition to the Specialisation Units of competency) for your Advanced Diploma Ayurveda HLT62615.

HLTAAP003: Analyse and respond to client health information

This unit of competency describes the skills and knowledge required to analyse client health information and then plan appropriate health services within the scope of own role. It requires an in-depth knowledge of anatomy and physiology.

CHCPRP005: Engage with health professionals and the health system

This unit describes the skills and knowledge required to work within the health care system and engage effectively with other health professionals, including writing referral reports.



Frequently Asked Questions

What is meant by Advanced Pulse Diagnosis?

You will be building upon the skills acquired in HLT52615 (determination of gati, vega, akruti, tala, bala, and prakruti etc) and add further layers of refinement including determination of the organ pulses. In the Advanced Diploma you will learn the clinical qualities of the pulse.

Do we learn more about Advanced Ayurvedic treatments?

Yes, you will be learning Advanced treatments for Joint and Neuromuscular imbalances in addition to deep detoxification treatments.

What is meant by advanced case studies?

You are building further upon skills acquired in HLT52615 to develop a much deeper understanding of the presence, or the possibility of, and nature of, disease states according to Ayurveda. You will learn further assessment techniques and the depth and range of treatments and herbal therapies will be increased.

What is Ayurvedic Pathology?

The Advanced Diploma does focus more on pathology as understood in the traditional Ayurvedic texts, together with useful insights from Dr. Ajit's own clinical experience and correlation with the western understanding of the disease. You will access a deeper level of understanding of various diseases, ranging from diabetes to neurological, and mental/emotional imbalance, and Dr. Ajit will provide a greater focus on mental health.

What is 'differential diagnosis'?

An understanding of and differentiation between different types and possibilities of imbalances behind the manifestation of diseases. For example, how to differentiate between Arthritis vs Rheumatoid Arthritis, whether disease is caused by Vata or Kapha aggravation.

Will we become more confident with the Herbal therapies?

Yes. This is the level of study which explores healing plants and substances and traditional formulas to a much greater extent. You will study and practice making some traditional Ayurvedic medicines: Swaras, Batis, Avelaha, Asav, Arishta, medicated Ghritam and Churna.

Do we learn Ayurvedic principles to manage mental/emotional disorders?

Yes, at A.I.A.S emphasis has been placed initially (via HLT52615) on encouraging the student to first balance their own internal state through the 'emotional healing program' and meditation so that they can then proceed further with more insight into the Ayurvedic psychology and utilise these valuable clinical tools to assist others.

"I, Manoj Agrawal graduated from AIAS with HLT62615 Advanced Diploma of Ayurveda in March 2021, I feel I am very qualified to make this statement compared to several other students as I have previously completed 3 on-campus full-time degrees for a period of 5 years from world recognised Australian universities - The University of Queensland and Queensland University of Technology.

Comparing my student experience across all educational institutions, in my opinion, the quality of education provided by AIAS and especially, the main educator for the course, Dr. Ajit is unquestionable and the highest I have ever come across. The professionalism displayed throughout my 3 years is top-notch. Comparing other educators, I have heard deliver in this field globally, my opinion is Dr. Ajit is the world's best in the field of Ayurveda. Furthermore, this is not to mention the added dedication from all AIAS staff who went beyond the times and scope of the course to always help with any queries from any students out of school and during business hours, with high quality. There is no price that can be put into this added value coming from other staff.

I have learned that the field of Ayurveda is extremely unique in its nature and as such, requires the highest standard in teaching to ensure all students who graduate in this field can continue to propagate the teachings and practice as it was as per ancient healing knowledge.

I can also understand there may be a few students who may be unaccustomed to the style of delivery, which requires correction from the course director to students with utmost seriousness if students are found not to be learning the original way Ayurveda has intended. I have personally witnessed several students themselves very keen to distort or mix their own incorrect ideas into Ayurveda just for their convenience and not follow protocol. The ancient knowledge of Ayurveda for healing should never be compromised for the sake of westernisation, modernisation, and commercialization, and this has been the core intent of Dr. Ajit. This dedication is very rare and cannot be found elsewhere. And this has also been emphasized to all trainers of the course. "

- *Manoj Agrawal* - Advanced Diploma of Ayurveda Graduate

Practical Training in Ayurveda

Does this course contain sufficient practical and face-to-face contact components to train a suitably competent Ayurvedic Practitioner?

Firstly, as a VET qualification, this course is bound by the performance criteria stated in the nationally endorsed training package for Ayurveda which details the knowledge and skills required for Ayurveda Practitioners. The course has to deliver on the 'skills and performance criteria'. The AIAS Ayurveda course contains substantial, practical, Face-to-face and supervised training and assessment components. Secondly, as a representative of Ayurveda, Dr. Ajit B.A.M.S takes the matter very seriously. Traditionally, a student needs to place much trust in the Ayurvedic teacher. While the student can't always see what's happening from their point or stage in learning, Dr. Ajit sees the big picture. Dr. Ajit understands the trust placed in him. It's all about the depth and quality of the learning material at AIAS and the teaching method. Dr. Ajit applies both traditional teaching methods and modern and uniquely developed presentations in class. AIAS has unmatched experience in developing the most in-depth learning material for Ayurvedic study. While this course is nationally accredited, and the units outline the subjects needed to be taught, unfortunately it is still not clear in the guidelines how in-depth the subjects need to be taught. This is one of the greatest differences at A.I.A.S, we will always strive to ensure the quality of the courses we are providing, so that at the end the student can feel confident in the value of the knowledge they have gained. We know that this quality is only possible if you have passionate, dedicated and clinically experienced teachers. A.I.A.S stands out in the delivery of our programme, and has been acknowledged in this regard by international teachers and doctors within the field of Ayurveda.

***Our students and graduates of A.I.A.S
can attest to this with confidence and trust —>***

"Dear Dr Ajit, The way you have been delivering Ayurveda to us gives me no doubt about the veracity and truthfulness in this unique science, medicine and philosophy. Thank you."

- *Lenka*

"Hi Richard, (I) studied Ayurveda with you guys in '2013. I'm currently living and working in Peru, spreading the ancient wisdom of Ayurveda with my clients. My main reason of writing this email is because one of my dear clients would love to study Ayurveda with Dr. Ajit, and I know you can maybe guide her and give her more info about the courses".

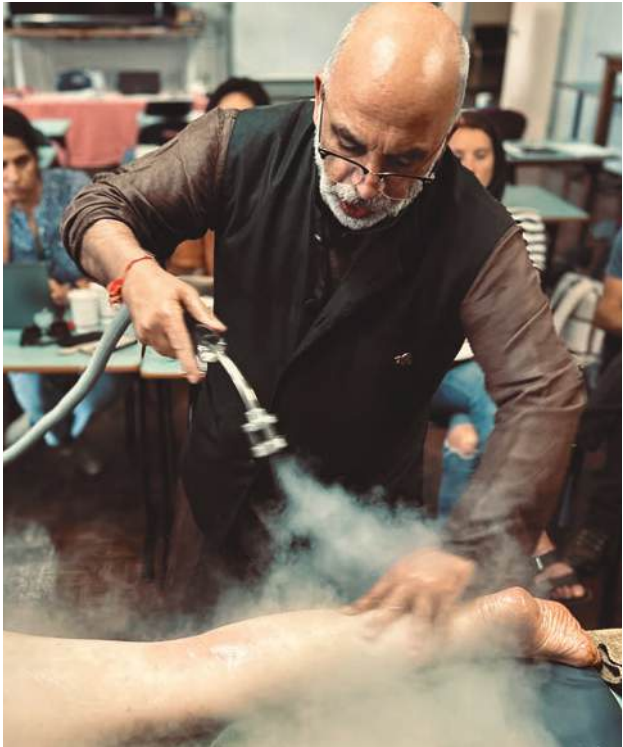
- *Dr Marjorie Garces* - Bachelor of Medicine, Bachelor of Surgery

"Throughout my time there (in India) I was under the instruction of six Ayurvedic physicians. They each remarked on the extent of my knowledge and found it difficult to believe that I had not had any formal medical training. During the first week they made a collective decision that I did not need guidance on pathologies. They let it be known that they considered my ability to quickly grasp pulse (diagnosis) was due to my Ayurvedic studies and clear spiritual path. They noted that no Westerner's that they have trained - be it from a traditional or Ayurvedic models - have ever grasped pulse so quickly - or displayed such a comprehension of Ayurvedic pathologies. It became very apparent to me that the knowledge I had gained through Dr Ajit's educational program coupled with my application of this knowledge through case studies in the past year have served me very well. I am very grateful for this."

- *Kris*

"The AIAS really is the Centre of Ayurveda in Australia! I have previously studied nutrition, but never really been taught how to cook and prepare food correctly, so as to be more compatible with our body's needs. This Ayurvedic cooking intensive was a great learning experience for me."

- *A.I.A.S Student, 2021*



"I would like to express my immeasurable gratitude to you all for the learning I have been privileged to undertake through the course. The course is of highest standard and Dr Ajit's name is respected amongst practitioners I have encountered. The impact on my health and on my family has been significant and I look forward to having the honour of sharing this with other people."

– *Natalie*

"I felt that I wanted to acknowledge my appreciation to all of you for your care, honesty, compassion and truth over the weekend. On entering the Institute on Saturday morning, I truly felt I was in the right place. I know in the future there may be challenging times arise related to grasping the subjects. After having met you all on the weekend, and experienced the environment of the Institute, I know that when those times arise I, along with the rest of the enrolled students, have an amazing team who will nurture and guide me into the light of understanding. I am truly grateful."

– *Allison*

My lecturer (a medical doctor) has studied Ayurveda in India. He told me that this (AIAS Course) is the premier course outside of India.

– *Anna*

"I still cry whenever I unexpectedly see a photo of Dr Ajit... because of his dedication and passion for Ayurveda... his love of God... the panchakarma with him changed my life."

– *Maria*

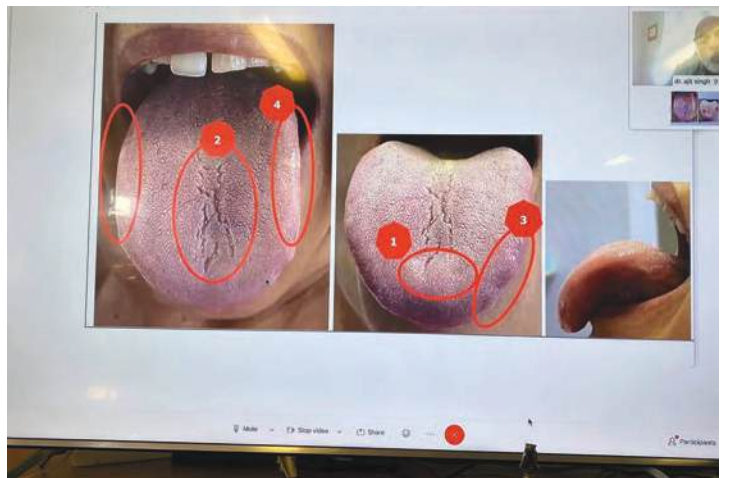
A.I.A.S - The Early Years

The A.I.A.S has been associated with the development of Ayurveda standards in Australia from the very start. The Australasian Institute of Ayurvedic Studies is synonymous with quality and authentic education in Ayurveda and is praised by both students and graduates as providing exceptional training in this ancient science. These accolades have come from 20 years of hard work in promoting Ayurveda in Australia and New Zealand. The story is an interesting one. In 1997, not long after Dr. Ajit left India with a desire to bring Ayurveda to the West, he was invited to Australia by Richard Clark, the A.I.A.S Institute's Principal, to run a series of workshops in Ayurveda. They attracted a large audience, including many western trained doctors and complementary health workers, who were keen to integrate Ayurveda into their current health practice. The success of these workshops led Dr Ajit and Richard Clark to form the Australasian Institute of Ayurvedic Studies (AIAS) as a way of delivering authentic Ayurvedic training in Australasia. These workshops continued through 1998, until it was apparent that a more systemised method of training was required.

In 1999, under the guidance of Dr Ajit, the Institute responded to the increased demand for quality training programs by becoming a Registered Training Organization (R.T.O), delivering nationally recognised qualifications under the Australian Qualification Framework's National Health Training Package.

The Institute offers the most comprehensive curriculum in the study of Ayurvedic Medicine outside India. The programmes are designed for students wishing to integrate training in Ayurveda into their personal and professional lives. As well as providing students with an understanding of the fundamental principles and practices of Ayurveda, students receive the clinical training necessary to become successful practitioners.

AIAS Graduates will emerge as valuable members of the community, benefitting especially those suffering ill health. Through the unique of vision Ayurveda and its therapeutic strategies, diet, herbal medicines and lifestyle education, people will discover better health and more productive and purposeful lives.



Dear vaidya Ajitji, we went through the (AIAS students) case studies. Our view is the cases very well analyzed, based on the Ayurveda concept. We really appreciate the details of history taking focusing even on the practices of the mother, physical health, and mental condition during pregnancy that might have influenced child's health. You have tried to correlate each symptom according to dosha, dushya, srotas and sroto dushti. Examination portion Diagnosis based on nadi pareeksha (pulse diagnosis), and jihwa pareeksha (tongue diagnosis) is remarkable – *Professor Darshan Shankar*

A.I.A.S OVER THE YEARS



2002 A.I.A.S Ayurveda Practical Training, Byron Bay, NSW



The A.I.A.S 2004 Intake - Gold Coast, QLD



The A.I.A.S 2006 Intake



The A.I.A.S 2011 Ayurveda Intake



The A.I.A.S 2013 Intake, Brisbane



The A.I.A.S 2014 Advanced Diploma Intake



The A.I.A.S 2015 Advanced Diploma Intake



The A.I.A.S 2016 Advanced Diploma Intake



A.I.A.S 2018 Intake



A.I.A.S 2019 Intake



A.I.A.S 2020 Intake



A.I.A.S 2021 Intake

AYURVEDA RESOURCES



Surya Ayurveda

your one-stop Online Shop for all things Ayurveda: Authentic Ayurvedic Products. Books and Practitioner Tools, Herbs, Therapeutic Oils, Ayurvedic Foods and Ayurvedic Equipment.

www.suryaayurveda.au

Facebook: www.facebook.com/SuryaAyurveda



Ayurda Wellness Centre (formerly Planet Ayurveda)

Authentic Ayurvedic treatment and rejuvenation, founded by Dr S. Ajit B.A.M.S, in Auckland, New Zealand. This is Australasia's premier Ayurveda Wellness Centre for Authentic Panchakarma and Ayurvedic Rasayana treatments. Face to face and online consultations available.

www.ayurda.com





The International Council of Ayurvedic Medicine (Australia)

The International Council of Ayurvedic Medicine was incorporated in '2014 to formulate common standards for the practice of Ayurvedic medicine in Australia and to enhance awareness in the community about this ancient health science.

www.icamau.org



CHIT YOG SADHANA

Chit Yog Sadhana: The Ancient Path to Wellbeing

The Chit Yog Sadhana is an 'App' based on ancient wisdom and time-tested methods that helps you understand what a wholistic approach to health is and how to apply it. We will remain disconnected from our 'Chit' (higher consciousness) and keep suffering at every level until this path is applied. **Facebook:** www.facebook.com/chityogsadhana



Ayurda Skincare Products

Incorporating the wisdom of the Ayurveda, Ayurda is the first skin care brand to link beauty to wellbeing. Each blend is hand-crafted to maintain integrity and freshness and contain no artificial colours, phthalates, or parabens. Available in Australia from www.suryaayurveda.au





Interested in this Course? What to do next...

Do your due diligence. Take it upon yourself to research the possibilities available in Ayurveda and make an informed decision. Then act promptly. AIAS has a limited number of spaces in each year's intake and is seeking the most committed Ayurveda students in Australia.

Enrolments for the 2026 A.I.A.S

Advanced Diploma HLT62615 Intake are now open.

www.aiasinstitute.com.au

Telephone the A.I.A.S Course Co-ordinator on 1300 557 487 or 07 3345 86 82 and have an in depth discussion about what is involved in the study and how to apply for study.

FOLLOW the A.I.A.S Ayurveda Facebook page to get a feel for what our students do in classes with Dr Ajit.

Find us on Facebook - [www.facebook.com/ AIAS.Australasia](https://www.facebook.com/AIAS.Australasia)



The A.I.A.S Team

"We're all working for you and Ayurveda. We believe in the power of Ayurveda and are here to serve."

Dr. Ajit, Richard, Binu, Leanne, Barbara and Janvhi are all highly committed to Ayurveda