

## Course Overview:

This qualification covers the skills needed to work as an Ayurvedic Practitioner and offer Remedial treatments including Ayurvedic Herbal Medicine, Ayurvedic Massage, Ayurvedic Nutritional advice, Ayurvedic Counseling and planning, Ayurvedic health regimes. Students will also receive training in an advanced range of therapeutic treatments including, Kizzali Bolus massage, Udwarthanam, Navar Kizzi massage, Shirodhara, Kati Basti, Netra Basti, Karna Purna, Nasya and Nadi Swedana. The qualification provides an advanced understanding of Ayurvedic Pathology and diagnosis, incorporating Ayurvedic Iridology, Tongue and Pulse Diagnosis, giving graduates a greater ability to determine and manage deeper disease states and health issues.

## Graduate Profile:

Graduates of this qualification will be able to:

- diagnose complex disease states using ayurvedic diagnostic principles;
- create and evaluate healthcare strategies for clients using ayurvedic therapeutic principles;
- prepare and dispense ayurvedic herbal formulations to manage client health care concerns;
- provide and evaluate specialised ayurvedic remedial therapies to treat a range of disease states;
- provide leadership to staff and clients through clinical practice and the wider community through the demonstration of ayurvedic principles in professional practice.

## Employment Pathway:

Graduates of this qualification will have the skills and knowledge to develop and provide ayurvedic healthcare to the community either in private practice or in an integrated healthcare environment, collaborating with allopathic and other complementary health practitioners.

## Course Delivery: Full Time (36 months):

Full-time delivery is ideal for students who want to immerse themselves in study or students seeking to study in Australia as an international student.

This delivery format is approved under the Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS), meaning students wishing to enrol in this programme are eligible for an international student visa.

The programme is delivered in the following format, which includes over 400 hours of supervised clinical training:



### Duration:

36 months (Full time)

### Entry criteria:

Students need to have completed year 12 (or equivalent) with a sound achievement in English or an English level of IELTS 5.5.

International students must also meet the requirements of the Department of Immigration and Border Protection (DIBP) Genuine Temporary Entrant and Genuine Student criteria

**Tuition Fees:** \$25,500.00

**Enrolments Close: 31<sup>st</sup>  
January 2018**

**Classes start:  
20<sup>th</sup> February 2018**

### **1<sup>st</sup> year**

- Weekly 'live' webinar (Tuesday evening)
- Weekly on campus lectures (11 hours per week)
- X 3 weekend seminars (on campus)
- X 1 seven-day practical training workshop (on campus)

### **2<sup>nd</sup> year**

- Weekly 'live' webinar (Wednesday evening)
- Weekly on campus lectures (11 hours per week)
- X 3 weekend seminars (on campus)
- X 2 seven-day practical training workshop (on campus)

### **3<sup>rd</sup> year**

- Weekly 'live' webinar (Thursday evening)
- Weekly on campus lectures (11 hours per week)
- X 2 weekend seminars (on campus)
- X 1 seven-day practical training workshop (on campus)



### **Webinars:**

Through the Internet, online webinars create a virtual classroom on your computer. Even though you are in the comfort of your own home, you can enjoy the benefits of interaction with your teacher and fellow students. You can see your lecturer, Professor Vaidya Ajit (B.A.M.S, P.C.A.S) and listen to him demonstrate and lecture while you underline your class notes and participate in class discussion, just as you would in any classroom setting.

### **On Campus Lectures:**

Aspects of the course are delivered in a classroom setting, requiring on campus attendance of 11 hours per week. These hours, combined with the weekly webinars and on campus training workshops, meet the contact hours required for international students.

### **Weekend Seminars:**

Your lecturer, **Professor Vaidya Ajit** (B.A.M.S, P.C.A.S), will personally lead several weekend seminars and practical training workshops at our Brisbane Campus, (121 Mains Rd, Sunnybank) to deliver and assess the practical components of the qualification.

These weekends are a vital component of the course, where you will learn to apply the knowledge delivered through your webinars.

Because of the way the course builds on the knowledge taught over these weekends, you must attend each of these workshops.

Missing one of these weekends will mean you will not be able to complete the qualification in your current enrolment. In such cases, you would need to withdraw from your course of study and seek re-enrolment in a later program.

For this reason, the Institute recommends students plan carefully before committing to study to ensure they can complete their qualification in the required time-frame.



## Course Detail: Breakdown by Unit:

The qualification consists of 25 units of competency from the Health Training Package:

### Ayurvedic Units:

HLTAYV001	Develop Ayurvedic practice	This unit delivers the skills and knowledge required to establish the foundations of an ayurvedic practice, to evaluate what makes a sustainable practice and then to develop an approach to your own practice.
HLTAYV002	Make Ayurvedic lifestyle assessments	This unit delivers the skills and knowledge required to assess client needs in the context of an ayurvedic lifestyle assessment framework. Students will learn to gather client information and to make an ayurvedic health assessment
HLTAYV003	Provide Ayurvedic bodywork therapies	This unit delivers the skills and knowledge required to gather client information, prepare equipment for treatment and then provide and experience ayurvedic therapeutic treatments such as abhyanga, shirodhara and kati basti.
HLTAYV004	Provide Ayurvedic lifestyle advice	This unit delivers the skills and knowledge required to develop ayurvedic lifestyle recommendations based on the outcomes of an existing ayurvedic health assessment.
HLTAYV005	Provide advice on Ayurvedic nutrition	This unit delivers the skills and knowledge required to develop ayurvedic nutritional recommendations based on the outcomes of an existing ayurvedic health assessment, and provide relevant advice, support and follow up to clients.
HLTAYV006	Take cases within an Ayurvedic framework	This unit delivers the skills and knowledge required to determine the broad scope of client needs, make a detailed investigation of symptoms and collect other data that informs client diagnosis within an ayurvedic framework.
HLTAYV007	Diagnose conditions within an Ayurvedic framework	This unit delivers the skills and knowledge required to complete a critical analysis of case information and make the diagnosis according to ayurvedic principles. It includes the requirement for the practitioner to assess whether the case falls within their scope of practice.
HLTAYV008	Provide Ayurvedic remedial therapies	This unit delivers the skills and knowledge required to provide and experience therapeutic ayurvedic remedial therapies such as Kizzali Bolus massage, Udwarthanam, Navar Kizzi massage, Shirodhara, Kati Basti, Netra Basti, Karna Purna, Nasya and Nadi Swedana.
HLTAYV009	Provide therapeutic Ayurvedic nutritional advice	This unit delivers the skills and knowledge required to determine an ayurvedic nutritional treatment strategy based on an existing diagnosis, provide relevant advice to the client and complete treatment documentation.
HLTAYV010	Select and advise on Ayurvedic medicines - dravyaguna	This unit delivers the skills and knowledge required to determine an ayurvedic medicine treatment strategy based on an existing diagnosis, provide relevant advice to the client and complete treatment documentation.
HLTAYV011	Prepare and dispense Ayurvedic medicines - dravyaguna	This unit delivers the skills and knowledge required to prepare ayurvedic medicines as per the ayurvedic formulary of India and the ayurvedic pharmacopoeia of India, and dispense those medicines according to a pre-prepared script or order.
HLTAYV012	Monitor and evaluate Ayurvedic treatments	This unit delivers the skills and knowledge required to monitor and evaluate ayurvedic treatments, both from an individual client and whole of practice perspective.

**Common Units:**

BSBSMB403	Market the small business	This unit delivers the skills and knowledge required to monitor and improve business performance through a clear marketing strategy.
BSBSMB404	Undertake small business planning	This unit delivers the skills and knowledge required to research and develop an integrated business plan for achieving business goals and objectives.
BSBSMB405	Monitor and manage small business operations	This unit delivers the skills and knowledge required to implement a business plan and modify operations as required.
BSBSMB406	Manage small business finances	This unit delivers the skills and knowledge required to implement and review financial management strategies on a regular basis
CHCCOM006	Establish and manage client relationships	This unit delivers the skills and knowledge to establish and manage professional one-to-one relationships with clients in the context of providing an ongoing health service or intervention.
CHCDIV001	Work with diverse people	This unit delivers the skills and knowledge required to work respectfully with people from diverse social and cultural groups and situations, including Aboriginal and/or Torres Strait Islander people.
CHCLEG003	Manage legal and ethical compliance	This unit delivers the skills and knowledge required to research information about compliance and ethical practice responsibilities and then develop and monitor policies and procedures to meet those responsibilities.
CHCPRP003	Reflect on and improve own professional practice	This unit delivers the skills and knowledge required to evaluate and enhance your own practice through a process of reflection and ongoing professional development.
CHCPRP005	Engage with health professionals and the health system	This unit delivers the skills and knowledge required to work within the health care system and engage effectively with other health professionals, including writing referral reports.
HLTAAP003	Analyse and respond to client health information	This unit delivers the skills and knowledge required to analyse client health information and then to plan appropriate health services within scope of own role.
HLTAID003	Provide first aid	This unit delivers the skills and knowledge required to provide first aid and life support until the arrival of medical or other assistance
HLTINF004	Manage the control of infection	This unit delivers the skills and knowledge required to develop, implement and monitor infection prevention and control systems in the healthcare sector.
HLTWHS004	Manage work health and safety	This unit delivers the skills and knowledge required to establish, maintain and evaluate work health and safety (WHS) policies and procedures, according to WHS legislative requirements.



### **Why choose the Australasian Institute of Ayurvedic Studies?**

- A.I.A.S is a **Registered Training Organisation (RTO)**, providing Government recognised qualifications in Ayurveda
- You will study a program designed, guided and assessed by an accredited Ayurvedic Physician, Professor Vaidya Ajit (B.A.M.S, P.C.A.S) **senior Ayurvedic Clinical Practitioner** in Australasia, who has worked for the Government of India for 20 years and practiced Ayurveda for 35 years.
- You will study **authentic Ayurveda** as a wholistic science with the requisite theoretical and practical skills.
- You will learn how to **apply the principles to your own life** with the opportunity to improve and transform your own personal life and then be able to share the practice with your clients
- You will **receive mentorship from Professor Vaidya Ajit (B.A.M.S, P.C.A.S)** who has been a powerful force in guiding the development of Ayurveda in Australasia, and who knows clearly what must be taught to this new generation of Ayurvedic Practitioners outside of India.
- The course offers **maximum hours** in both theory and practical subjects and both online and face-to-face training.

### **Senior Lecturer, Vaidya S. Ajit (BAMS, PCAS)**



Vaidya Ajit is an 'Ayurvedacharya', a graduate of the Government Ayurvedic Medical College, University of Patiala, in North India. In India, Vaidya Ajit worked in general practice and as a 'Panchakarma' Specialist, was a lecturer at several Ayurveda Colleges and was also a permanent employee of the Government of India as an Ayurvedic Medical Officer, spanning 20 years.

Vaidya Ajit is the most experienced Ayurvedic Clinician in Australasia and a leader in the field of Ayurveda outside of India, where he has campaigned tirelessly in an effort to create high standards in the learning of Ayurveda.

Vaidya Ajit is currently CEO of the International Council of Ayurvedic Medicine Inc., an organization established to standardize and streamline the educational, teaching and regulatory standards for Ayurvedic practice in the world outside of India. Vaidya Ajit was also founding Patron of the Australasian Ayurvedic Practitioners Association (AAPA) and past and

founding president of Australasian Ayurvedic Practitioners Association (New Zealand), both professional bodies for Ayurvedic Practitioners.

He has been instrumental in raising the profile of Ayurveda in Australasia, not only through his teaching and practice, but through his numerous speaking engagements, media work and meetings with Government officials. His efforts have been recognised with a number of awards, including a Lifetime Achievement Award from the New Zealand Charter of Health Practitioners

Vaidya Ajit's background and experience in both India and in Australia are unparalleled. He remains uniquely positioned to provide students in Australia with both authentic training and training suited to the needs of westerners.

#### **For more information:**

Website: [www.aiasinstitute.com.au](http://www.aiasinstitute.com.au)

Ph: 1300 557 487 or [enquiries@aiasinstitute.com.au](mailto:enquiries@aiasinstitute.com.au)

Ayurvedic Products: [www.suryaayurveda.com.au](http://www.suryaayurveda.com.au)